

## CURRICULUM VITAE

**NAME:** Emily O. Wakefield, Psy.D

**DEPARTMENT OF PRIMARY APPOINTMENT:** Pediatrics

### ACADEMIC APPOINTMENTS

- Associate Professor (September 2024—Present)
- Assistant Professor (September 2015 – August 2024)

### PROFESSIONAL EXPERIENCE (prior to appointment at UConn Health)

- **Post-Doctoral Fellowship in Pediatric Psychology (APA Accredited)** 09/2014 – 08/2015  
*Connecticut Children's Medical Center/Institute of Living (Hartford, CT)*
  - Inpatient Child and Adolescent Psychiatry Consultation Liaison Service, Outpatient Pediatric Psychology Clinic
- **Pre-Doctoral Internship in Clinical Psychology, Child/Adolescent Track (APA Accredited)** 09/2013 – 08/2014  
**SUNY Upstate Medical University** (Syracuse, NY)
  - Outpatient Community Mental Health Clinic, Trauma Residential School Evaluation, Primary Care Clinic for Children in Foster Care, Psychological Assessment Service, Dialectical Behavioral Therapy Group for Teens

### EDUCATIONAL BACKGROUND

- Post-Doctoral Fellowship, Pediatric Psychology, Connecticut Children's Medical Center/Institute of Living, 09/2014 – 08/2015
- Doctorate of Psychology (Psy.D.) in Clinical Psychology, Child/Adolescent Track, University of Hartford, 09/2014
- Master of Science (MS) in Psychology, Drexel University, 06/2009
- Bachelor of Art (BA) in Psychology, Le Moyne College, 05/2007

### PRINT AND ORAL SCHOLARSHIP

#### Peer-Reviewed Journal Articles:

1. Nelson, S. & **Wakefield, E.O.** (2024). Trauma-informed multidisciplinary care for children with chronic pain. *Topics in Pain Management*, 40(4):p 1-6.  
<https://doi.org/10.1097/01.TPM.0001070708.78947.22>

2. **Wakefield, E.O.**, Sandhu, P., & Zempsky, W.T. (2023). Describing the challenges for school nurses managing students with chronic pain. *Topics in Pain Management*, 38(12), 1-8. <https://doi.org/10.1097/01.TPM.0000946460.70411.a0>
3. **Wakefield, E.O.**, Belamkar, V., Sandoval, A., Edelheit, B., Puhl, R., Zempsky, W.T., Rodrigues, H.A., & Litt, M. (2023). Does diagnostic certainty matter?: Pain-related stigma experiences in adolescents with juvenile idiopathic arthritis. *Journal of Pediatric Psychology*, 48, 341-351. <https://doi.org/10.1093/jpepsy/jsac092>
4. Boileau, N.R., Thompson, K.A., Lynch-Milder, M.K., Evans, C.T., Adetayo, T., Rudolph, A.F., Stoll, M.L., Weiser, P., Fobian, A.D., Gowey, M.A., Goodin, B.R. & **Wakefield, E.O.** (2023). Pain-related stigma is associated with greater clinical and experimental severity in youth with musculoskeletal pain conditions. *Journal of Pediatric Psychology*, 48(10): 842-851. <https://doi.org/10.1093/jpepsy/jsad048>
5. Lee, R. R., McDonagh, J. E., Rapley, T., Farre, A., Connelly, M., Palermo, T. M., Toupin-April, K., **Wakefield, E. O.**, Peters, S. & Cordingley, L. (2023). “My gut feeling is...”: An ethnography study investigating healthcare professionals communication about children and young people with chronic musculoskeletal pain in paediatric rheumatology. *The Journal of Pain*, 30. <https://doi-org.online.uchc.edu/10.1016/j.jpain.2023.07.010>
6. Lynch-Jordan, A., Connelly, M., Guite, J., King, C., Leever, A., Logan, D. E., Nelson, S., Ting, T.V., **Wakefield, E.O.**, Williams, A., Williams, S.E., & Kashikar-Zuck, S. (2023). Characterizing juvenile fibromyalgia in a large cohort of adolescents. *Arthritis Care and Research*, 23(5). <https://doi-org.online.uchc.edu/10.1016/j.jpain.2022.03.187>
7. **Wakefield, E. O.**, Kissi, A., Mulchan, S. S., Nelson, S., & Martin, S. R. (2022). Pain-related stigma as a social determinant of health in diverse pediatric pain populations. *Frontiers in Pain Research*. <https://doi.org/10.3389/fpain.2022.1020287>
8. **Wakefield, E. O.**, Belamkar, V., Litt, M.D., Puhl, R. M., & Zempsky, W. T. (2022). “There’s nothing wrong with you”: Pain-related stigma in adolescents with chronic pain. *Journal of Pediatric Psychology*, 47(4), 456-468. <https://doi.org/10.1093/jpepsy/jsab122>
9. Mulchan, S. S., **Wakefield, E. O.**, Martin, S. R., Ayr-Volta, L., Krenicki, K., & Zempsky, W. T. (2022). Navigating ethical challenges for pediatric sickle cell pain management in the context of the opioid epidemic. *The Clinical Journal of Pain*, 38(2), 88-94. <https://doi.org/10.1097/AJP.0000000000001007>
10. Kashikar-Zuck, S., Barnett, K. A., Williams, S. E., Pfeifer, M., Thomas, S., Beasley, K., Chamberlin, L. A., Mundo, K., Ittenback, R., Reugh, J., Gibler, R., Lynch-Jordan, A., Ting, T. V., Gadd, B., Taylor, J., Ardoin, S., Connelly, M., Logan, D., Williams, A., **Wakefield, E. O.**, & Mayer, G. (2022). FIT Teens RCT for juvenile fibromyalgia: Study design and protocol adaptations in response to the COVID-19 pandemic. *Contemporary Clinical Trials Communications*, 30. <https://doi.org/10.1016/j.conctc.2022.101039>

11. **Wakefield, E. O.,** Puhl, R. M., Litt, M. D., & Zempsky, W. T. (2021). “If it ever really hurts, I try not to let them know:” The use of concealment as a coping strategy among adolescents with chronic pain. *Frontiers in Psychology, 12*, 1-8. <https://doi.org/10.3389/fpsyg.2021.666275>
12. Mulchan, S. S., **Wakefield, E. O.,** & Santos, M. (2021). What COVID-19 teaches us about implicit bias in pediatric health care. *Journal of Pediatric Psychology, 46*(2), 138-143. <https://doi.org/10.1093/jpepsy/jsaa131>
13. **Wakefield, E. O.,** Zempsky, W. T., Puhl, R. M., & Litt, M. D. (2018). Conceptualizing pain-related stigma in adolescent chronic pain: A literature review and preliminary focus group findings. *Pain Reports, e679*. <https://doi.org/10.1097/PR9.0000000000000679>
14. **Wakefield, E. O.,** Pantaleao, A., Popp, J.M., Dale, L.P., Santanelli J.P., Litt, M.D., Zempsky, W.T. (2018). Describing perceived racial bias among youth with sickle cell disease. *Journal of Pediatric Psychology, 43*(7), 779-788. <https://doi.org/10.1093/jpepsy/jsy015>
15. **Wakefield, E. O.,** & Kutner, E. C. (2018). Improving adherence in pediatric chronic pain. *Topics in Pain Management, 33*(10), 1-8. <https://doi.org/10.1097/01.TPM.0000532713.05830.bc>
16. **Wakefield, E. O.,** Popp, J. M., Dale L. P., Santanelli, J. P., Pantaleao, A., & Zempsky WT. (2017). Perceived racial bias and health-related stigma among youth. *Journal of Developmental & Behavioral Pediatrics, 38*, 129-134. <https://doi.org/10.1097/DBP.0000000000000381>
17. **Wakefield, E. O.,** & Jerson, B. T. (2017). Social influences in the evaluation and treatment of biopsychosocial contributors to adolescent chronic pain. *Topics in Pain Management, 32*, 1-8. <https://doi.org/10.1097/01.TPM.0000515416.01386.7d>
18. Zempsky, W. T., **Wakefield, E. O.,** Santanelli, J.P., New, T., Smith-Whitley, K., & Casella, J.F., & Palermo, T.M. (2017). Widespread pain among youth with sickle cell disease hospitalized with vasoocclusive pain: A different clinical phenotype? *Clinical Journal of Pain, 33*, 335-339. <https://doi.org/10.1097/AJP.0000000000000403>
19. Zempsky, W.T., **O’Hara, E.A.,** Santanelli, J.P., T.M., New, T., Smith-Whitley, K., & Casella, J.F., & Palermo, T.M. (2014). Development and validation of the youth acute pain functional ability questionnaire (YAPFAQ). *The Journal of Pain, 15*, 1319-1327. <https://doi.org/10.1016/j.jpain.2014.09.008>
20. Robinson, M.R., Daniel, L.C., O’Hara, E.A., Szabo, M.M., & Barakat, L.P. (2014). Insurance Status as a Sociodemographic Risk Factor for Functional Outcomes and Health-related Quality of Life Among Youth With Sickle Cell Disease. *Journal of Pediatric Hematology/Oncology, 36*, 51-56. <https://doi.org/10.1097/MPH.0000000000000013>

21. Zempsky, W.T., O'Hara, E.A., Santanelli, J.P., & Palermo, T.M., New, T., Smith-Whitley, K., & Casella, J.F. (2013). Validation of the sickle cell pain burden interview-youth. *The Journal of Pain*, 14, 975-982. <https://doi.org/10.1016/j.jpain.2013.03.007>
22. Nissen, C.W., O'Hara, E.A., McCarthy, M., & Kostyun, R. (2013). Development and validation of the Elbow Rating Scale. *Sports Health*, 5, 360-362. <https://doi.org/10.1177/1941738112475122>
23. Dale, L.P., O'Hara, E.A., Schein, R., Inserra, L., Keen, J., & Porges, S.W. (2011). Infant measures of behavioral and physiological state regulation predict 54-month behavior problems. *Infancy Mental Health Journal*, 32, 473-486. <https://doi.org/10.1002/imhj.20306>
24. Dale, L.P., Keen, J., O'Hara, E.A., & Porge, S.W. (2011). Infant regulatory disorders: Temperamental, physiological, and behavioral features. *Journal of Developmental & Behavioral Pediatrics*, 32(3), 216-224. <https://doi.org/10.1097/DBP.0b013e3181e32c4f>

### **Book Chapters:**

1. Namerow, L.B., Kutner, E. C., Wakefield, E.O., Rzepski, B.R., & Sahl, R. A. (2016). Pain amplification syndrome: A biopsychosocial approach. In F.J DiMario (Ed.). *Seminars in Pediatric Neurology*, 23(3), 224-230. <https://doi.org/10.1016/j.spen.2016.10.006>
2. Barakat, L.P., Nicolaou, D.C., O'Hara, E.A, & Allen, S.L. (2008). Sickle cell disease. In W. O'Donohue & L. Tolle (Eds.), *Behavioral Approaches to Chronic Disease in Adolescence* (pp. 253-267). New York: Springer. [https://doi.org/10.1007/978-0-387-87687-0\\_19](https://doi.org/10.1007/978-0-387-87687-0_19)

### **Other:**

1. **Letter to the Editor**
  - a. Wakefield, E. O., Mathew, E. S., & Zempsky, W. T. (2021, June 14). Supporting the imperfect use of amplified pain syndrome [Letter to the editor]. *JAMA Pediatrics*. <https://doi.org/10.1001/jamapediatrics.2021.1488>
2. **Connecticut Children's Growing Healthy Blog Posts:**
  - a. Signore, A.A. & Wakefield, E.O. (December, 2021). "Helping Kids Handle Holiday Disappointment if Omicron Changes Your Plans"
  - b. Wakefield, E.O. (February, 2022). "Changing How We Talk about COVID-19 When Someone Tests Positive"
3. **Society of Pediatric Psychology Pain Special Interest Group Newsletter**
  - a. Wakefield, E.O., & Nelson, S. (November, 2022). Fall SPP Pain SIG Newsletter.
  - b. Salamon, K., & Wakefield, E.O. (April, 2022). Spring SPP Pain SIG Newsletter.

- c. **Wakefield, E.O., & Mulchan, S.M.** (April, 2021). “Racial Bias in Youth with Sickle Cell Disease: What is the Role of Implicit Bias?” In Spring SPP Pain SIG Newsletter.

## **Oral Presentations**

### **Peer-Reviewed**

1. **Wakefield, E. O.,** Belamkar, V., Freeman, K., & Freeman, T. (November, 2024). Addressing pediatric racial pain inequities through patient and family partnerships. Accepted as an oral presentation at the Connecticut Psychology Association Annual Convention, New Haven, CT, USA.
2. Belamkar, V., & **Wakefield, E. O.** (November, 2022). Exploring pain-related stigma in adolescents with chronic musculoskeletal pain or juvenile idiopathic arthritis with intersectional stigmatized identities. Presented as an oral presentation at Connecticut Children’s Research Institute Conference, Hartford, CT, USA.
3. Bulls, H., Goodin, B. & **Wakefield, E. O.** (May, 2022). The impact of stigma and discrimination on pain experiences across the lifespan. Presented as a symposium at the United States Association for the Study of Pain, Cincinnati, OH, USA.
4. **Wakefield, E. O.,** Kissi, A., Mulchan, S. S., Nelson, S., & Martin, S. R. (March, 2022). Health-related stigma as a social determinant of health in diverse pediatric pain populations. Presented as a panel discussion for the International Symposium of Pediatric Pain, Virtual.
5. **Wakefield, E. O.,** Neville, A. & Zempsky, W. T. (December, 2020). Pain-related stigma in adolescents with primary chronic pain in the medical setting: What is getting lost in translation? Presented as a symposium for the United States Association for the Study of Pain Conference, Virtual.
6. Mulchan, S., **Wakefield, E. O.,** Ayr- Volta, L., Martin, S., & Zempsky, W. T. (March, 2020) *Navigating ethical challenges for pediatric sickle cell pain management in the context of the opioid epidemic: Where do pediatric psychologists fit in?* Presented as a workshop at the Society of Pediatric Psychology Annual Conference in Pediatric Psychology, Virtual.
7. Santos, M., **Wakefield, E. O.,** Jerson, B., Maynes, K. & Rzepski, B. (February, 2020). *Clinical interventions for children with medical conditions: An update from pediatric psychology at Connecticut Children’s.* Presented as an Andrulonis Child Mental Health Evening Lecture, West Hartford, CT, USA.
8. Martin, S., **Wakefield, E. O.,** Gamwell, K. & Robbertz, A. (April, 2019). *The impact of social rejection: Navigating health-related stigma in pediatric chronic illness.* Presented

as a symposium at the Society of Pediatric Psychology Annual Conference in Pediatric Psychology, New Orleans, LA, USA.

9. **Wakefield, E.O.**, Jerson, B., & Guite, J. (October, 2018). *Partnering with community mental health providers to navigate pediatric chronic health populations*. Presented as an oral presentation at the Connecticut Psychological Association Convention, Haddam, CT, USA.
10. Reiss, M., Guite, J., **Wakefield, E.O.**, & Rzepski, B. (August, 2018). *Evolution of pediatric psychology services within a small, newly established, pediatric medical center*. Presented as a conversation hour at the American Psychology Association, San Francisco, CA, USA.
11. **Wakefield, E.O.**, Popp, J.M., Santanelli, J.F., Pantaleao, A., Dale, L.P. & Zempsky, W.T. (May, 2016). *Perceived racism and stigma among youth with sickle cell disease*. Presented as a oral presentation Pediatric Data Blitz at the American Pain Society National Conference, Austin, TX, USA.

### Invited

1. **Wakefield, E.O.** (December, 2023). *Pain-related stigma as a social determinant of health in diverse pediatric pain populations*. Invited to present at the NIH Behavioral and Social Sciences Research (BSSR) Festival, Virtual.
2. Brothers, S., **Wakefield, E.O.**, Ley, S., Suorsa-Johnson, K. (May, 2023). *Stigma among youth with chronic illness*. Presented as a Society of Pediatric Psychology Webinar, Virtual.
3. **Wakefield, E.O.** (January, 2023). *Pain-related stigma as a social determinant of health in diverse pediatric pain populations*. Presented as an oral presentation to the Pediatric Pain SIG of the United States Association for the Study of Pain (USASP), Virtual.
4. **Wakefield, E. O.**, DelGaudio, C., Belamkar, V., & Zempsky, W. T. (May, 2022). *Self-reported COVID-19 impact on adolescents with chronic widespread musculoskeletal pain*. Presented as an oral presentation to the Pediatric Pain SIG at the United States Association for the Study of Pain conference, Cincinnati, OH, USA.
5. **Wakefield, E. O.** & Fossa, M. (May, 2022). *Multidisciplinary approaches to pediatric chronic pain management*. Presented as a Pediatric Grand Rounds presentation at Middlesex Hospital, Virtual.
6. **Wakefield, E.O.** (January, 2022) *Opioid Awareness & Prevention training to Hartford Public Schools*, Virtual.
7. **Wakefield, E. O.** (January, 2021). *“It’ll go away. There’s nothing wrong with you.” The experience of pain-related stigma among adolescents with chronic pain*. Presented to the

Center for Advancement in Managing Pain Brown Bag Series at the University of Connecticut, Virtual.

8. **Wakefield, E. O.** (December, 2020). *How to help your child handle holiday disappointments of COVID-19*. Presented to community parents through Rocky Hill Library, Virtual.
9. **Wakefield, E. O.** (September, 2019). *Understanding racial bias and stigma among youth with sickle cell disease*. Presented to John and Valerie Rowe Scholars Program at the University of Connecticut, Storrs, CT, USA.
10. **Wakefield, E.O.** (May, 2019). *“Please Believe I Have Pain:” How the invisibility of pain symptoms leads to stigma in adolescents with chronic pain*. Presented as a Pediatric Traveling Grand Rounds presentation at St. Mary’s Children’s Hospital, Waterbury, CT, USA.
11. **Wakefield, E.O.** (October, 2018). *“Please Believe I Have Pain:” How the invisibility of pain symptoms leads to stigma in adolescents with chronic pain*. Presented as a Pediatric Grand Rounds presentation at Connecticut Children’s Medical Center, Hartford, CT, USA.
12. **Wakefield, E.O., & Rzepski, B.** (April, 2018). *Supporting your Child in Managing Juvenile Idiopathic Arthritis*. Presented as an oral presentation at the Arthritis Foundation JIA Family Day, Old Lyme, CT, USA.

### Poster Presentations

#### Peer-reviewed

1. **Wakefield, E. O.,** Belamkar, V., Mulchan, S., DelGaudio, C., & Santos, M. (2024, April 25-27). Including racialized patient voices in qualitative interview question development. Presented as a poster at the Society of Pediatric Psychology Annual Conference, New Orleans, LA, USA.
2. **Wakefield, E. O.,** Belamkar, V., Mulchan, S., DelGaudio, C., & Santos, M. (2024, April 14-17). Racial inequities in pain care and research among black youth with chronic musculoskeletal pain: Preliminary qualitative findings. Presented as a poster at the United States Association for the Study of Pain Annual Scientific Meeting, Seattle, WA, USA.
3. Belamkar, V., Collier, A., Zempsky, W.T., **Wakefield, E.O.** (2023, November 8). Pain outcomes among LGBTQIA+ adolescents with chronic musculoskeletal pain. Presented as a poster at the Connecticut Children’s Research Institute Convention, Hartford, CT, USA.
4. **Wakefield, E. O.,** Belamkar, B., Marosz, N., Zempsky, W. T., Puhl, R. M., Kashikar-Zuck, S., Connelly, M., Theriault, C., Marosz, N & Litt, M. D. (2023, November 8).

Preliminary evaluation of the pain-related stigma scale for adolescents (PRESS-A) with juvenile fibromyalgia: Demonstrating the importance of internalized stigma. Presented as a poster at the Connecticut Children's Research Institute Convention, Hartford, CT, USA.

5. **Wakefield, E. O.**, Belamkar, B., Marosz, N., Zempsky, W. T., Puhl, R. M., Kashikar-Zuck, S., Connelly, M., Theriault, C., Marosz, N & Litt, M. D. (2023, October 1-4). Preliminary evaluation of the pain-related stigma scale for adolescents (PRESS-A) with juvenile fibromyalgia: Demonstrating the importance of internalized stigma. Presented as a poster at the International Symposia for Pediatric Pain, Halifax, Nova Scotia, Canada.
6. **Wakefield, E.O.**, Belamkar, V., Puhl, R.M., & Zempsky, W.T. (March, 2023). Psychosocial outcomes in adolescents with chronic musculoskeletal pain or juvenile idiopathic arthritis with intersecting stigmatized identities. Presented as a poster to the Society of Pediatric Psychology Conference, Chicago, IL, USA.
7. Evans, C.T., Adetayo, T., **Wakefield, E.O.**, Ridley, S.K., Patel, D.H., Dimmitt, R.A., Goodin, B.R., & Gowey, M.A. (March, 2023). Assessing the Effects of Resilience and Coping on Quality of Life in Youth with Functional Abdominal Pain Disorders. Presented as a poster to the Society of Pediatric Psychology Annual Conference 2023. Chicago, IL, USA.
8. Adetayo, T., Evans, C.T., **Wakefield, E.O.**, Ridley, S.K., Patel, D., Goodin, B.R., Dimmitt, R.A, Montoya, D., Hammett, S., CaJacob, N., & Gowey, M.A. (March, 2023). Examining associations between felt stigma and pain-related outcomes in children with chronic functional gastrointestinal pain. Presented as a poster to the Society of Pediatric Psychology Annual Conference, Chicago, IL, USA.
9. Sullivan, C., Tsang, K., **Wakefield, E. O.**, Fleisher, C. L., Caplin, D., & Belamkar, V. (October, 2022). What Are We Afraid of? Somatic Symptom Concerns Physician Needs Assessment. Presented as a poster at the AACAP/CACAP 2022 Annual Meeting, Toronto, Canada.
10. Barnett, K. A., Hicks, C. A., Pfeiffer, M., Williams, S. E., Connelly, M., **Wakefield, E.**, Goldstein-Lever, A., Nelson, S., Logan, D., Williams, A., and Kashikar-Zuck, S. for the FIT Teens Study Group. (September, 2022). Does Timing and Perceived Impact of the COVID-19 Pandemic Relate to Pain Intensity and Depressive Symptoms in Adolescents with Juvenile Fibromyalgia? Presented as a poster at the International Association for the Study of Pain Annual World Conference on Pain, Toronto, Canada.
11. **Wakefield, E. O.**, DelGaudio, C., Belamkar, V., & Zempsky, W. T. (May, 2022). Self-reported COVID-19 impact on adolescents with chronic widespread musculoskeletal pain. Presented as a poster for the United States Association for the Study of Pain conference, Cincinnati, OH, USA.
12. Lynch-Jordan, A., Connelly, M., Guite, J., King, C., Goldstein-Leever, A., Logan, D. E., Nelson, S., Ting, T.V., **Wakefield, E.O.**, Williams, A., Williams, S.E., & Kashikar-Zuck,



- S. (May, 2022). Characterizing juvenile fibromyalgia in a large cohort of adolescents. Presented as a poster for the United States Association for the Study of Pain, Cincinnati, OH, USA.
13. Fleisher, C. L., **Wakefield, E. O.**, Belamkar, V., Tsang, K., Caplin, D., & Sullivan, C. (May, 2022). A tale of three hospitals: Qualitative analysis of pediatricians' concerns and needs regarding treatment of somatic symptom and related disorders. Presented as a poster for the Society of Pediatric Psychology Annual Conference, Phoenix, AZ, USA.
  14. **Wakefield, E.O.**, Belamkar, V., Edelheit, B., Puhl, R., Zempsky, W. T. & Litt, M. (April, 2022). "You're Too Young to Have Arthritis": Pain-related stigma experiences in adolescents with juvenile idiopathic arthritis. Presented as a poster for the Society of Pediatric Psychology Annual Conference, Phoenix, AZ, USA.
  15. **Wakefield, E. O.**, Zempsky, W. T., Puhl, R., & Litt, M. D. (April, 2021). Item development for the pain-related stigma scale for adolescents (PRESS-A) using focus groups of adolescents with chronic pain. Presented as a poster at the Society for Pediatric Psychology Annual Conference, Virtual.
  16. Mulchan, S. S., **Wakefield, E. O.**, Ayr-Volta, L., & Zempsky, W. T. (April, 2021). Physical domains of functioning predict health-related quality of life among youth with chronic pain and sickle cell disease. Presented as a poster at the Society for Pediatric Psychology Annual Conference, Virtual.
  17. **Wakefield, E. O.**, Zempsky, W. T., Puhl, R., & Litt, M. D. (November, 2020). "It'll go away. There's nothing wrong with you." The experience of pain-related stigma among adolescents with pain amplification syndrome. Presented as a poster at the American College of Rheumatology Convergence, Virtual.
  18. Sandhu, P., Fagle, T., **Wakefield, E. O.**, Guite, J. & Zempsky, W. T. (April, 2019). *Parenting in the context of pain: Factors that influence health service utilization for youth with chronic pain.* Presented as a poster at the Society of Pediatric Psychology Annual Conference, New Orleans, LA, USA.
  19. **Wakefield, E.O.**, Zempsky, W. T., Puhl, R. M., Slotter, C. & Litt, M. D. (October, 2018). *Pain-related stigma among adolescents with chronic pain: Preliminary analysis of focus group data.* Presented as a poster at the World Congress on Pain, Boston, MA, USA.
  20. **Wakefield, E.O.**, Santanelli, J.F., Jenerette, C., & Zempsky, W.T. (October, 2017). *Face validity of the Sickle Cell Disease Health-Related Stigma measure among youth with sickle cell disease.* Presented as a poster at the International Pediatric Pain Forum, Halifax, Nova Scotia, Canada.
  21. **Wakefield, E.O.**, Santanelli, J.F., Jenerette, C., & Zempsky, W.T. (May, 2017). *Face validity of the Sickle Cell Disease Health-Related Stigma measure among youth with*

*sickle cell disease*. Presented as a poster at the American Pain Society National Conference, Pittsburgh, PA, USA.

22. Santanelli, J.P., Zempksy, W.T., **Wakefield, E.O.**, New, T., Smith-Whitley, K., & Casella, J.F., & Palermo, T.M. (October, 2015). *Widespread pain among SCD youth hospitalized with vasoocclusive pain: A different clinical phenotype?* Presented as a poster for the International Forum on Pediatric Pain, Halifax, Nova Scotia, Canada.
23. **O'Hara, E.A.**, Popp, J.M., Zempksy, W.T., Santanelli, J.F., Pantaleao, A., & Dale, L.P. (March, 2014). *Perceived racism and stigma among youth with sickle cell disease*. Presented as a poster at the National Conference in Pediatric Psychology, Philadelphia, PA, USA.
24. Pantaleao, A., **O'Hara, E.A.**, Popp, J.M., Santanelli, J.F., Pantaleao, A., & Dale, L.P. (March, 2014). *Perceived racism among youth with sickle cell disease: A qualitative study*. Presented as a poster at the National Conference in Pediatric Psychology, Philadelphia, PA, USA.
25. Moccia, C., **O'Hara, E.A.**, Santos, M. & Estrada, E. (August, 2012). Use of a Weight Management Specific Family Advisory Board to Improve Obesity Treatment in Children's Hospitals. Poster presented at the 120th annual meeting of the American Psychological Association Convention, Orlando, FL, USA.
26. **O'Hara, E.A.**, Santos, M., Estrada, E. (November, 2011). *Utilizing a weight management family advisory board: Improving quality of care for pediatric obesity patients*. Presented as a poster at the Connecticut Psychological Association Convention, Windsor, CT, USA.
27. **O'Hara, E.A.**, Zempksy, W.T., Santanelli, S., & Corsi, J. (April, 2011). *Emotionality and the experience of pain among children and adolescents with sickle cell disease: A multidimensional interview*. Submitted as a poster at the National Conference in Pediatric Psychology, San Antonio, TX, USA.
28. Levin Allen, S., **O'Hara, E.**, LeGoff, D.B., Chute, D., & Barakat, L.P. (November, 2009). *Mental state attribution and adaptive social functioning in children with asperger's disorder*. Presented as a poster at the National Academy of Neuroscience 29<sup>th</sup> Annual Conference, New Orleans, LA, USA.
29. **O'Hara, E.A.**, Barakat, L.P., & Robinson, M.R. (April, 2009). *Exploring functional ability measures among children and adolescents with sickle cell disease: the functional disability inventory and the child activity limitations questionnaire*. Presented as a poster at the Midwest Conference on Pediatric Psychology, Kansas City, MO and St. Christopher's Hospital for Children Research Day, Philadelphia, PA, USA.
30. Robinson, M.R., Barakat, L.P., Daniel, L., **O'Hara, E. A.**, Nash, C., & Szabo, M. (April, 2009). *Pain, physical activity, functional abilities and quality of life among youth with*

*sickle cell disease*. Presented as a poster at the Midwest Conference on Pediatric Psychology, Kansas City, MO, USA.

31. **O'Hara, E.A.**, Allen, S.L., LeGoff, D.B., Barakat, L.P. (April, 2008). *Social functioning and theory of mind in children with asperger's syndrome using "mind in the eyes" task*. Presented as a poster at Psi Chi Research Day, Drexel Research Day, and the College of Arts and Science Research Day, Drexel University, Philadelphia, PA, USA.
32. Gonzalez, E.R., **O'Hara, E.A.**, Szabo, M., Patterson, C.A., & Barakat, L.P. (April, 2008). *A problem-solving intervention as part of pediatric summer camp programming*. Presented as a poster at the National Conference on Child Health Psychology, Gainesville, FL, USA.
33. Patterson, C.A., Barakat, L.P., Robinson, M.R., **O'Hara, E.A.**, Dampier, C.D. (April, 2008). *Coping and adaptive psychosocial outcomes*. Presented as a poster at the National Conference on Child Health Psychology, Gainesville, FL, USA.

## GRANTS

### Current:

NIAMS 1K23 AR073934-01A1 Emily Wakefield, PsyD (PI) 02/01/2020-01/31/2025  
*The Impact of Social Rejection: Investigating Pain-related Stigma in Adolescents with Chronic Widespread Musculoskeletal Pain*

This project aims to 1) develop a novel pain-related stigma framework that is useful in assessing outcomes in adolescent CWMP, and 2) develop and validate the Pain-Related Stigma Scale for Adolescents with CWMP (PReSS-A). The study will lay the foundation for understanding pain-related stigma and developing clinical interventions that will target social factors and improve health outcomes in this population.

Role: Principal Investigator

NIAMS 3K23 AR073934-01A1-S2 Emily Wakefield, PsyD (PI) 07/01/2023-06/30/2024  
*The Impact of Social Rejection: Investigating Pain-related Stigma in Adolescents with Chronic Widespread Musculoskeletal Pain (Supplement)*

The objectives of this bioethics supplement are to build the research capacity of pain-related stigma research by enhancing the racial diversity of participants via (1) identifying barriers to pain treatment equity for racialized youth with CMP, and (2) develop solutions to overcome these obstacles via the development of a Diversity Task Force.

Role: Principal Investigator

### Completed:

NIAMS R01 AR070474 Susmita Kashikar-Zuck, PhD (PI) 06/21/2017-05/31/2024  
 Randomized Clinical Trial of FIT Teens for Juvenile Fibromyalgia

Five-year randomized clinical trial for a multi-site study examining the efficacy of a new intervention, Fibromyalgia Integrative Training (FIT Teens; cognitive-behavioral therapy

enhanced with neuromuscular exercise training) for the treatment of juvenile fibromyalgia. The study is a three-arm trial comparing FIT Teens to cognitive-behavioral therapy only or graded aerobic exercise only.

Role: Site Co-Investigator and Interventionist

NIAMS 3K23 AR073934-01A1-S1 Emily Wakefield, PsyD (PI) 09/01/2020-08/30/2021  
*The Impact of Social Rejection: Investigating Pain-related Stigma in Adolescents with Chronic Widespread Musculoskeletal Pain* (Supplement)

This supplemental funding award supported salary of a research assistant to accelerate Dr. Wakefield's recruitment efforts in her main K23 grant due delays secondary to her maternity leave.

Role: Principal Investigator

## **OTHER PROFESSIONAL ACCOMPLISHMENTS**

### **Leadership Positions:**

- Trainee, USASP Leadership Academy, 2024-2025
- Leader, United States Association for the Study of Pain, Pediatric Pain K23 Awardee Group, 2020-Present
- Co-Chair, APA Division 54, Pain Special Interest Group, 2021-2023
- Education Chair, APA Division 54, Pain Special Interest Group, 2019-2021
- 4<sup>th</sup> year Student Representative, University of Hartford, 2012-2013
- Overall Student Representative, University of Hartford, 2011-2012
- 2<sup>nd</sup> year Student Representative, University of Hartford, 2010-2011
- Active Minds Graduate Advisor, University of Hartford, 2010-2011

### **Awards and Recognitions:**

- CICATS Pre-K Scholars Award, 2016-2018
- Clinical Excellence and Leadership Postdoctoral Fellow Award, 2015
- Director's Award for Sustained Superior Performance (GIPP), 2012
- Program and Community Service Award (GIPP), 2011
- Academic Excellence and Achievement Award (GIPP), 2010

### **Professional Associations:**

- United States Association for the Study of Pain (USASP) Member, 2020-Present
- International Association for the Study of Pain (IASP), 2018-Present
- APA Society of Pediatric Psychology, Division 54, 2008-Present
- APA Member, 2009-Present
- American Pain Society (APS) Member, 2018-2019
- Connecticut Psychological Association, 2009-2013

### **Committee Activities:**

- USASP Advocacy Committee, 2024-Present
- PoWeR: Pediatric Women Relate, Connecticut Children's, 2022-Present
  - Facilitates activities to support the retention of women physician and psychology faculty.
- Editorial Board for Topics in Pain Management, 2017-Present
- Ad Hoc Early Career Council Member, 115<sup>th</sup> Meeting of the NIAMS Advisory Council, September 2024
- Lactation Committee, Connecticut Children's, 2023-2024
  - Supports the breastfeeding needs for women employees returning from maternity leave at the hospital.
- Institute of Living Supervisory Competency Task Force, 2015-2017

**Manuscript Reviewer for the Following Journals:**

- American Psychologist
- British Journal of Pain
- Canadian Journal of Pain
- Clinical Rheumatology
- The Clinical Journal of Pain
- European Journal of Pain
- Health Psychology
- International Journal of Environmental Research and Public Health
- JCO Global Oncology
- Journal of General Internal Medicine
- The Journal of Pain
- Journal of Pediatric Psychology
- Journal of Racial and Ethnic Health Disparities
- New England Journal of Medicine
- PAIN
- Pain Medicine
- Pediatric Blood & Cancer
- Pediatrics
- Psycho-oncology
- Stigma & Health

**Teaching Experience:**

- **Guest Lecturer**, Evidence Based Practice Seminar in Pain Assessment and Management (NURS 5104), University of Connecticut, 01/2022 – Present
- **Research Supervisor**, Master of Science in Psychology, Central Connecticut State University, 09/2020 – Present

- **Adjunct Instructor**, Research Methods and Statistical Analysis I, University of Hartford, 09/2012 – May 2013
- **Adjunct Instructor**, Educational Psychology, Drexel University, June 2009 – September 2009
- **Teaching Assistant**, Developmental Psychology and Advanced Developmental Psychology, Drexel University, 01/2008 – June 2008