**Essential Updates in Pain Management Workshop for Primary Care Providers**

**USASP Annual Conference**

**April 29, 2025 -- Chicago, Illinois**

**Co-Directors**

Naileshni Singh, MD

Professor of Anesthesiology and Pain Medicine

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Chinar Sanghvi, MD

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**Onsite Faculty**

As above

**Presenting Speakers (Video)**

David J. Copenhaver, MD MPH

Professor and Chief, Division of Pain Medicine

Department of Anesthesiology & Pain Medicine

University of California, Davis School of Medicine

Scott Pritzlaff, MD

Professor and Program Director, Division of Pain Medicine

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Joel Castellanos, MD

Associate Professor of Anesthesiology

University of California, San Diego School of Medicine

Charles de Mesa, DO

BIOS Orthopedic Institute

Sacramento, CA and Roseville/Granite Bay, CA

Andrea Rubenstein, MD

Chief of Pain Medicine

Department of Anesthesiology and Pain Medicine

Kaiser Permanente, Santa Rosa, CA

Eric Klineberg

Professor

Department of Orthopedic Spinal Surgery

University of Texas Health Science Center, at Houston

**AGENDA**

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| --- | --- | --- | --- |
| **TIME** | **SUBJECT** | **SPEAKER** | **DISCUSSANTS** |
| 8:00-8:15am | **Welcome, Overview & CME Instructions** | Drs. Singh and Sanghvi | Faculty |
| 8:15-9:00am | **Video 1**  Lumbrosacral Pain Disorders and Guidelines | Dr. Castellanos | Faculty |
| 9:00-9:50am | **Video 2 and 3**  Physical Exam Axial Low Back, Sacroiliac Joints, and Hips  Physical exam of the Shoulder and Neck | Dr. DeMesa | Faculty |
| 9:50-10:00am | **Discussion for Videos above** | Faculty | Faculty |
| 10:00-10:10am | **BREAK** |  |  |
| 10:10-10:50am | **Video and Discussion 4:**  Treatment of Shoulder, Cervical, and Lumbar Pain | Dr. Copenhaver | Faculty |
| 10:50-11:20 | **Video and Discussion 5:**  Fibromyalgia | Dr. Copenhaver | Faculty |
| 11:20am-12:00pm | **Group Discussion:** Challenging Cases | Faculty | Faculty |
| 12:00-1:00pm | **LUNCH BREAK** |  |  |
| 1:00-1:45pm | **Video and Discussion 6**  Spinal Surgery for Chronic Neck and Low Back Pain | Dr. Klineberg | Faculty |
| 1:50-2:30pm | **Video and Discussion 7**  **Neuromodulation: Head to Toe** | Dr. Pritzlaff | Faculty |
| 2:30-2:40pm | **BREAK** |  |  |
| 2:40-4:00pm | **Video and Discussion 8:**  Buprenorphine and Pain Management | Dr. Rubenstein | Faculty |
| 4:00-4:15pm | **CLOSE: Pain resilience, wellness and the future…** | Drs. Singh & Sanghvi |  |