## USASP Members Newsletter

United States Association for the Study of Pain

Upcoming Board of Directors
Election

Voting will begin December 13, 2021













































Information about the candidates can be found <u>here</u>

On 12/13 you will receive an email to cast your votes!

Extended Symposia Deadline 12/10/21

## Newsletter Highlights

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## 2022 Annual USASP Meeting

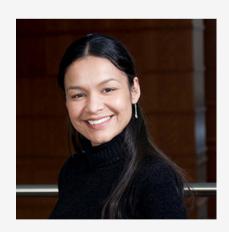


Symposia submission EXTENDED Deadline: **December 10, 2021**Research Abstracts Submission Deadline: **January 14, 2022** 

For more information <u>click here!</u>

The USASP embraces, promotes, and fosters a culture based on inclusion, diversity, equality, and access. We especially encourage applications from members of underrepresented groups such as, but not limited to, members of minoritized communities, members of the LGBTQ+ community, and people with disabilities.

## **Plenary Speakers**



Yarimar Carrasquillo, PhD (NIH)

Modulating Pain and Analgesia in the Amygdala



Tonya Palermo, PhD (UW)

Understanding mechanisms that link sleep and pain in youth:
developing theoretically informed interventions



Helene Langevin, MD (NIH)

NCCIH leads pain research in new directions

### **Upcoming Events**

### Dec 9

USASP Holiday Social Hour To register click <u>here</u>

### **Dec 10**

Annual Scientific Meeting EXTENDED Deadline for Symposia Submissions

Pediatric Pain SIG Seminar

### **January 12**

SIG Art Contest Submission Deadline

### **January 14**

Annual Scientific Meeting Research Abstract Submissions Deadline

### **January 20**

Rita Allen Seminar

SIG and Committee meetings are posted on the USASP Calendar



# Pediatric Pain SIG Monthly Meeting and Discussion

On December 10th, 11am-noon, Pacific Time. Gary Walco, chair of the Advocacy SIG, will join to discuss "Advocacy in Pediatric Pain". The format will also be Q&A.

## Psychosocial Factors and Interventions SIG

The next Psychosocial Factors and Interventions SIG meeting will be on January 19th @ 1PM PST/4PM EST via Zoom. We are encouraging trainees to submit relevant poster abstracts for the upcoming USASP meeting that fit within the broad scope of the SIG. A small committee will be assembled to overview abstracts and grant two awards to trainees (one related to psychosocial factors; one related to intervention). We are soliciting a SIG member to work with co-chairs to establish a USASP sub-Twitter for the SIG. For those interested, please reach out to Matt Herbert and Hailey Bulls.

### **SIG Social Media Art Contest**

#### **Communications Committee**

All USASP SIGs/circles/ and committees are invited to participate in a social media art contest! Groups are encouraged to submit short videos, a logo, or other art. **Deadline is January 12, 2022**. Please submit using the following <u>link</u>. Prizes will given to the top winners!

### Links

Sign-up for a SIG Jobs and Training

Journal of Pain Renew or become a member

### **USASP Collaborations Committee 2021 Activity**





The Collaborations Committee of USASP was established to evaluate and oversee opportunities and invitations for collaboration. The purpose is to determine collaborations that align with the mission and value of USASP and promote scientific advances that reduce the burden of pain, including evaluation for any bias or influence that poses a COI for the organization. The current committee membership includes Maureen Cooney, DNP, , Michele Curatolo, MD, PhD, Kenneth Goldschneider, MD, Fred Goldstein, PhD, Maria Pacella-LaBarbara, PhD, Laura Stone, PhD and Keela Herr. PhD, RN (Chair).

The Committee reviews and deliberates based on the principles established for the Committee's consideration, prepares a recommendation to the Executive Committee for consideration and action by the Board of Directors.

During 2021, the Collaborations Committee responded to two invitations for collaboration:

- Request to appoint a USASP representative to serve on as ACTION Executive and Steering Committee Co-Chair,
- Request to endorse position statement titled Society of Behavioral Medicine Supports Access to Care for Patients with Opioid Use Disorder

The work of the Committee is not extensive, but does require ready engagement to review and thoughtfully evaluate requests for collaboration as they arise.

### **Newsletter Submissions Accepted!**

If you have content you would like to see published in the next newsletter such as special interest group or committee updates, seminars, shout outs to colleagues or other news you want your colleagues know please send submissions by the first of the month to admin@usasp.org



### Let's stay connected: Renew your membership

Remember to keep your member profile up to date as well as to renew your membership conveniently using your USASP website login. Members in their grace period (30-60 days following one-year membership without renewal) will receive contact from the USASP Membership Committee.

Here are some of resources you will gain as a member of the USASP:

- Members' directory
- Networking and Special Interest Groups (SIGs)
- Professional Development Seminars and workshops
- The Journal of Pain
- Leadership Opportunities
- Discounts on meeting fees

### **Diversity Inclusion and Anti-Racism SIG**

We have a created a Twitter handle @USASP\_DIA\_SIG. Follow us for interesting papers in the field, meetings, and other information that promotes equality and inclusivity across the pain continuum.



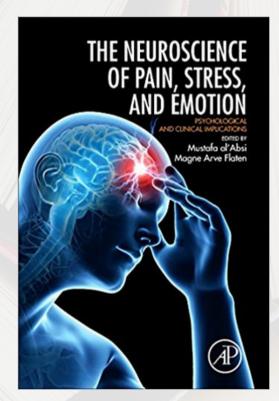
### BOOK CORNER

EDITED BY JOHN LOESER AND DAVID TAUBEN

THE NEUROSCIENCE OF PAIN, STRESS,
AND EMOTION: PSYCHOLOGIC AND
CLINICAL IMPLICATIONS

Eds. Mustafa al'Absi and Magne Arve Flaten, Academic Press, 2016. 296 pages. (Elsevier \$69.96) ISBN 978-0-12-800538-5

A textbook offering a wellorganized, brief yet broad
overview of the complicated
neurophysiologic processes
accounting for the biopsychosocial
experience of pain, linking basic
sciences and practice challenges
facing both researchers and
clinicians.



A review can be found on pages 6-7.

### A Review of The Neuroscience of Pain, Stress, and Emotion: Psychologic and Clinical Implications

Textbooks are by nature outdated at the time of their publication. And so, The Neuroscience of Pain, Stress, and Emotion:Psychologic and Clinical Implications, edited by Mustafa al'Absi and Magne Arve Flaten, published five-years ago is not for pain researchers seeking to advance their specific field of cutting-edge science. That's what specialty scientific meetings and journals are for. Rather, the editors' explicit intention is to connect the dots that support our agreed upon biopsychosocial model of pain. This well curated collection of key topics authored by a range of leading international contributors, is technically detailed and sufficiently comprehensive to interest a range of bench scientists and to translate well for those bedside clinicians seeking to better understand the complex biological interconnectedness of brain and behaviors, so crucial to effective evidence-based care of pain.

Basic and translational scientists working in their specific areas of interest may benefit from reviews of commonly co-occurring clinical conditions clearly associated with chronic pain, such as depression, vulnerability, resilience, fatigue, stress, and addiction. For those earlier in their scientific careers, the overview of research methodologies and suggested areas for future investigation may be useful. Among those of us practicing clinicians who strive to remain reasonably up to date with the basic science, I found the well-organized progression of chapters outlining the interconnectedness of pain and psychosocial signaling pathways to be generally well written and mostly informative. I personally found the chapters on the neuroscience of placebo and nocebo to be among the most interesting, since these are so frequently dismissed as non-scientific gullibility, and yet so profoundly influence pain treatment outcomes.

Continue reading on page 7



Scientists may find the earlier basic neuroscience chapters a bit too simple and outdated, and experienced physicians may likewise be disappointed by the overview chapters on clinical applications. Regardless, I applaud the editors and authors, many well known to USASP, for promoting greater scientific and clinical consilience, linking together fundamental principles within the many disciplines representing the field of pain medicine. Only as we more effectively collaborate in our understanding of why, how, and when pain hurts, can the science and practice of pain remain true to its biopsychosocial nature.

-David J. Tauben, MD, FACP

