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January USASP Trainee Spotlight



Brandon Boring, M.A., is a fifth year Ph.D. student in the social and personality psychology program within the Department of Psychological and Brain Sciences at Texas A&M University, studying under the mentorship of Dr. Vani Mathur. His research assesses psychosocial factors that both contribute to and are affected by pain experiences, with specific focuses on pain communication, discrimination, and existential concerns including meaning in life, authenticity, and identity. He was recently awarded a prestigious

Brandon Boring, MA
PhD Student
Department of Psychological
and Brain Sciences
Texas A&M University

Fellowship by the College of Liberal Arts at Texas A&M to work towards completion of his dissertation, which aims to assess the role of self-conscious emotions as predictors of pain outcomes. Additionally, his and his colleagues' manuscript published this past October in the Journal of Pain - Overrating pain is overrated: A fundamental self-other bias in pain reporting behavior - was highlighted by various blog and news outlets. He looks forward to attending the USASP's annual Scientific Meeting in April.

Seeking volunteers for the Small Grant Review Committee

We are seeking volunteers to serve on the USASP Small Grant Review Committee for the next two years. Research proposals will be reviewed annually by the Small Grants Review Committee and final funding decisions will be made by the USASP Board of Directors based on the recommendations of the committee.

This new USASP committee will begin their work by reviewing applications for the 2023 USASP-MAYDAY Clinical/Translational Research Award. Committee members will be investigators who are experienced in conducting pain research that involves human subjects and most will have received external funding for this research. At least one committee position will be reserved for an early-career investigator who has not yet successfully competed for external funding. All eligible investigators are encouraged to apply in order to enable the committee to be dedicated to diversity, inclusion, and equity in its work. Apply using the button below. Applications due by January 27th.

Apply Here!

Education and Professional Development Event!

Learn What's New at The Journal of Pain: Meet the Editors

January 25th at 3pm (eastern)



Tonya, Palermo Ph.D. Professor of Anesthesiology & Pain Medicine University of Washington



Emily Bartley, Ph.D. **Assistant Professor** University of Florida



Ph.D. H.E.B. Professor in Cancer Research **MD Anderson Cancer** Center



Patrick M. Dougherty, Luana Colloca, Ph.D. **MPower** Distinguished Professor University of Maryland, Baltimore.



Mark Bicket, Ph.D. **Assistant Professor** University of Michigan.

Join us on January 25th at 3pm (eastern) and meet the Editor in Chief, Tonya Palermo, and Associate Editors who will help you understand the "behind the scenes" process of publishing in the JoP. Learn common issues that arise with articles that are not accepted for publication and how you can improve your submitted work. Following the panel discussion, there will be a Q&A session with the audience.

Register here!

2023 Journal of Pain **Early Career Editorial Fellows: Promoting Diversity in Editorial Leadership**



Alison Anderson, PhD The Ohio State University College of Nursing, Columbus, Ohio, United States of America



Karlyn Edwards, PhD Stanford University, Stanford, California, United States of America



Martha Kenney, MD Duke University, Durham, North Carolina, United States of America



Timothy Meeker, PhD Jennifer Nyland, PhD Morgan State University, Baltimore, Maryland, United States of America



Penn State College of Medicine, Hershey, Pennsylvania, United States of America

The Editorial Fellowship will give participants the opportunity to obtain insight into the peer review process by shadowing experienced journal editors, thereby obtaining a direct and immersive experience in how a manuscript is handled, from submission to final decision. This will include the opportunity to critically review papers with the supervision of assigned editors who will serve as their mentors. Fellows will enhance skills in recognizing the characteristics of well-conducted research and to detect flaws in design, statistical analysis, and biases in data interpretation that compromise the quality of research. Through interaction with current editors and editorial board members, fellows learn the roles of editor, reviewer, and publisher to gain a broad understanding of the overall scientific publishing process.

HEAL* National K12 Clinical Pain Career Development Award (HEAL K12) ***CALL FOR APPLICATIONS***

*The Helping to End Addiction Long-term® Initiative, or NIH HEAL Initiative®, is an aggressive, trans-NIH effort to speed scientific solutions to stem the national opioid public health crisis. Launched in April 2018, the initiative is focused on improving prevention and treatment strategies for opioid misuse and addiction, and enhancing pain management. For more information, visit: https://heal.nih.gov

The Chronic Pain and Fatigue Research Center at the University of Michigan is requesting applications for the HEALNational K12 Clinical Pain Career Development Award (HEAL K12). The HEAL K12 is a mentored career development program designed to provide protected time for clinicians and scientists to focus on training and conducting clinical pain research. Awards provide a minimum of 75% salary support (up to \$100,000/year) plus fringe benefits, and \$50,000/year in research support costs, for up to 3 years.

Successful applicants will have at least (3) mentors: a primary home-institution mentor, a senior pain research mentor of national stature assigned by the K12 program, and a mentor with lived pain experience (also assigned by the K12 program). Training is split between the scholar's home-institution and didactic resources available remotely or in-person at the University of Michigan. Annual travel to the 3-day NIH PURPOSE Conference on Pain Education and to the two-day Ann Arbor Summer Pain Short Course is expected.

Click to view more information about the award

2023 USASP-MAYDAY Clinical/Translational Research Award Application Portal will Open March 1st

Overview

Since 1993, The MAYDAY Fund has supported innovative projects to close the gap between knowledge and practice in the treatment of pain, as well projects to build on the current knowledge base. Understanding that creating meaningful change with modest funding is a challenge, MAYDAY tends to provide significant support to a handful of projects annually. Starting in 2023, The MAYDAY Fund has awarded the United States Association for the Study of Pain funding for 3 years to support two meritorious early career investigators who propose innovative clinical/translational research in the field of pain.

Research Topics

Competitive research proposals address clinical/ translational research related to the management of pain. Applicants should describe the proposed research in pain and describe how it is innovative and cutting edge. In addition, the applicant should describe their vision for a career in pain research and provide information or any examples of leadership in pain-related activities.

Key Dates and Deadlines

The application portal will open March 1, 2023 Deadline for completed applications is 11:59 PM (eastern) on March 30, 2023 Grant awards will begin July 1, 2023

Eligibility

To be eligible for the USASP-MAYDAY Clinical/Translational Research Award, the applicant: Must be a USASP member

Early career Assistant Professors within four years of the appointment are eligible to apply, except those who have received tenure at the time of the application.

Must conduct their research and be appointed at an institution in the United States or Canada. Should demonstrate a commitment to the field of pain research.

Click here for more information

Delphi Poll on Virtual/Augmented Reality

We are reaching out on behalf of the INOVATE-Pain consortium, a group of clinicians and researchers at academic centers in the US and Canada focused on advancing the knowledge base regarding use of virtual/augmented reality for pediatric pain management. If you have used VR in pain-focused clinical care or research we ask for your help in surveying the current landscape around use of VR/AR technologies for managing pain in children and adults. The survey linked below is intended to help us better understand the current use of these technologies and help us identify current practices in the field and priorities for future research and development. This Delphi poll survey is supported through the Mayday Fund., and questions were informed by a systemic review of VR for pediatric pain undertaken by our INOVATE team. It should take about 20-25 minutes to complete. You can leave and return to the survey as needed.

If you do not have relevant experience in the use of VR for pain but know others who do, please forward this request. In addition, please note that we may re-contact experts for additional input based on what we learn in this round of polling. If you wish to be removed from our contact list, please let us know.

We would be most grateful for your input in this process. If you have questions or want more info, please reach out to Karina Khanna @ karina.khanna@childrens.harvard.edu. Thank you so much for considering this request.

Survey Link: https://redcap.tch.harvard.edu/redcap_edc/surveys/?s=PNJ9A9PKL9KNE74F

Deirdre Logan PhDBoston Childrens Hospital

Jennifer Stinson PhD Toronto SickKids

The NIH is launching a new HEAL Initiative Coordinating Center for National Pain Scientists

The Helping to End Addiction Long-term® Initiative, or NIH HEAL Initiative® is excited to announce an online networking and collaboration platform for pain researchers: the PURPOSE Network.

The PURPOSE (Positively Uniting Researchers of Pain to Opine, Synthesize, and Engage)
Network will:

- Provide a centralized community for research trainees and researchers across the continuum of basic, translational, and clinical research,
- · Offer ongoing webinars and training opportunities,
- · Delivery weekly network digests via email,
- Enable multidisciplinary collaborations when developing grant applications, and
- Aggregate information around pain research, funding opportunities, and the HEAL Initiative

PURPOSE will create a vast network of NIH-funded pain researchers to promote multidisciplinary collaborations in pain research. This network will be the central facilitator for integrating training and mentoring across a network of mentors and early-stage investigators funded by NIH (e.g., NIH trainees, NIH fellows, and Career Development Awardees). It will connect NIH-funded pain researchers with each other to advance the innovation, relevance, and practical application of pain management research, as well as increase communication among pain management researchers across all pain disciplines. The NIH would like to encourage all early-stage investigators and NIH mentors to participate in the PURPOSE Network and attend the annual meeting.

Laura Wandner, PhD Program Director NINDS

The Network will also be a place where professional organizations can raise awareness for annual conferences and professional development activities relevant to the community. PURPOSE will host a conference for early-stage pain researchers and NIH-funded mentors in National Harbor, MD, May 11-13, 2023.

This program is supported by the National Institute of Neurological Disorders And Stroke of the National Institutes of Health under Award Number R24RS132282. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

For More Information, Please Contact: PURPOSE@painresearchers.com

Pediatric Pain Meeting January 13 11amPT/2pmET

For our January 2023 Pediatric Pain SIG meeting, we will be discussing a recent review article, "Pain-related stigma as a social determinant of health in diverse pediatric pain populations," with implications for research, clinical practice, and advocacy. The article is freely available here. Emily Wakefield, PsyD, and co-authors will be providing a brief overview and leading discussion around this important topic. We hope you can join us!

Pain Neuroimaging SIG Meeting January 30 4pm ET

This meeting will feature presentations from Dr. Etienne Vachon-Presseau and Dr. Adam Thomas, PhD. Etienne Vachon-Presseau, PhD will discuss new insights for chronic pain using large publicly available datasets and Adam Thomas, PhD will provide a brief overview of the past, present, and future of neuroimaging data sharing repositories as well as the challenges the field faces in achieving wide adoption of data sharing. More information can be found here.

Acute to Chronic Pain Meeting January 18 2pm ET

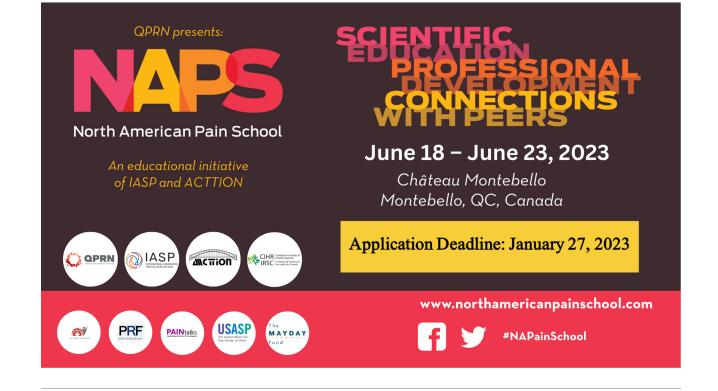
This month's featured speaker is Emine Bayman, PhD - Acute to Chronic Pain Signatures (A2CPS) Consortium.

Emine Bayman, PhD is an Associate Professor of Biostatistics and Anesthesia. Dr. Bayman is the Deputy Director of the Clinical Trials Statistical and Data Management Center (CTSDMC) and has over 12 years of experience providing statistical design expertise to multi-center clinical trials. She has served as a Principal Investigator, a coinvestigator, or a primary statistician for multiple NIH and/or industry-funded studies. She has published extensively in the areas of transition from acute to chronic postsurgical pain after thoracic surgery, Bayesian clinical trial design, and general multi-center clinical trial design. She is the Assistant Editor of Statistics in Anesthesia & Analgesiaand on the editorial boards of the Neurosurgery, Journal of Pain, and European Journal of Pain. Dr. Bayman is currently involved with five ongoing pain studies. One of which is "Acute to Chronic Pain Signatures Program" (A2CPS), a prospective observational study designed to evaluate biomarkers of transition from acute to chronic pain after surgery.

If you are a member and you would like attend a SIG meeting please contact Dr. Brittany Knight (Director of Operations) at admin@usasp.org

North American Pain School Applications are OPEN

Application Deadline is Jan 27, 2023



HEAL Initiative K99/R00 Advanced Postdoctoral-to-Independent Career Transition Award in PAIN and SUD Research and to Promote Diversity

The HEAL Initiative is excited to announce four new funding opportunity announcements for Advanced Postdoctoral-to-Independent Career Transition Awards in PAIN and SUD Research

HEAL Initiative Advanced Postdoctoral-to-Independent Career Transition Award in PAIN and SUD Research (K99/R00 Independent Clinical Trial Not Allowed) RFA-NS-22-022

<u>HEAL Initiative Advanced Postdoctoral-to-Independent Career Transition Award in PAIN and SUD Research (Independent Basic Experimental Studies with Humans Required) RFA-NS-22-023</u>

The purpose of the NIH HEAL Initiative® Pathway to Independence Award (K99/R00) program is to support a cohort of new and well-trained independent investigators conducting Pain and/or SUD research, in order to increase the independent investigator workforce in research areas supported by the NIH HEAL Initiative®. This program is designed to facilitate a timely transition of eligible postdoctoral researchers from their mentored, postdoctoral research positions to independent, tenure-track or equivalent faculty positions. The program will provide independent NIH research support during this transition to help awardees establish independent research programs in areas supported by the NIH HEAL Initiative®.

HEAL Initiative Advanced Postdoctoral-to-Independent Career Transition Award in PAIN and SUD Research to Promote Diversity (K99/R00 Independent Basic Experimental Studies with Humans Required) RFA-NS-22-024

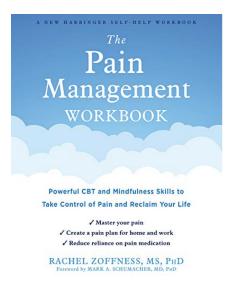
<u>HEAL Initiative Advanced Postdoctoral-to-Independent Career Transition Award in PAIN and SUD Research to Promote Diversity (K99/R00 Independent Clinical Trial Not Allowed) RFA-NS-</u>

The purpose of this NIH HEAL Initiative® Pathway to Independence Award (K99/R00) program is to support a cohort of new and well-trained, independent investigators from diverse backgrounds (e.g. see NOT-OD-20-031, Notice of NIH's Interest in Diversity) conducting Pain and/or SUD research, in order to promote a diverse pool of available independent investigators working in research areas supported by the NIH HEAL Initiative®. This program is designed to facilitate a timely transition of eligible postdoctoral researchers from their mentored, postdoctoral research positions to independent, tenure-track or equivalent faculty positions. The program will provide independent NIH research support during this transition to help awardees establish independent research programs in areas supported by the NIH HEAL Initiative®.

Click here to view other Open Funding Opportunities



From the Author of The Pain Management Workbook



The <u>Pain Management Workbook</u> is a biopsychosocial treatment guide rooted in science and research for people living with pain, and the multidisciplinary providers who treat them. It offers a full pain management protocol; user-friendly pain science; and actionable resources, includingworksheets, pacing plans, and guided audio.

It was written for 3 reasons:

- 1) Patients and providers are in desperate need of affordable, accessible resources. Patients and providers alike are hungry for affordable, high-quality treatment guides. Despite having abundant evidence of effectiveness and being recommended as the first-line treatment for pain, biobehavioral treatments are often inaccessible due to poor insurance reimbursement, high cost, and lack of trained providers. This workbook offers an approachable and affordable treatment plan, and can be found on <u>Amazon</u> or the <u>New Harbinger</u> website for less than \$20.
- 2) Pain education is lacking. The majority of healthcare providers across disciplines aren't trained in pain. This workbook can be used by any provider of any background ortraining, and has useful tools for patients of all diagnoses.
- 3) Pain science communication is critical. Pain medicine remains stuck in the biomedical model, despite decades of advances in pain science. As a result, patients are primarily, and often exclusively, offered pills and procedures. Biopsychosocial medicine is critical for healing, and the time to disseminate resources is now.

Rachel Zoffness MS, PhD is a pain psychologist, medical educator, and leader in the field of pain education. She is an Assistant Clinical Professor at UCSF, Stanford lecturer, and a Mayday Fellow. Dr. Zoffness is the author of The Pain Management Workbook and The Chronic Pain and Illness Workbook for Teens, the first pain workbook for kids. She serves on the board of USASP and consults on the development of integrative pain programs around the world. Dr. Zoffness was trained at Brown, Columbia, Rockefeller University, UCSD, NYU, and Mt. Sinai Hospital. Her free pain education initiatives can be found on Twitter, Instagram, and zoffness.com.

Jobs and Training

University of Minnesota

The laboratory of Dr. Amanda Klein at the University of Minnesota College of Pharmacy (UMN CoP) is seeking a <u>Post-Doctoral Associate</u> in the field of pain physiology and molecular biology for a NIH/NIDA funded project studying the role of adenylyl cyclase in modulating potassium channel activity. This project is led by Dr. Klein, a scientist who is interested in expanding the knowledge about chronic opioid use within the context of chronic pain.

Click to read more!

University of Florida

Is seeking a <u>Post-doctoral Associate</u> to assist with a <u>new national consortium project</u> to map changes in innervation patterns with health and disease. This project will involve samples from rodent models, as well as donated tissues from clinical services. This individual will help to understand how shifts in joint innervation relate to symptomatic pain, tracking changes in innervation related to age and chronic joint degeneration (such as osteoarthritis and temporomandibular joint disorders). Prior experience with rodent surgeries and behavioral testing would be useful, but not required, as we are able to train these skills in new staff.

Details - Postdoctoral Associate (ufl.edu)

NYU Pain Research Center

The Pain Research Center of New York University (NYU) solicits applications for <u>Tenure Track</u> research-focused positions at the level of Assistant, Associate or Full Professor. The Center is housed in state-of-the-art laboratories in the Department of Molecular Pathobiology of NYU College of Dentistry.

Click here for more!

Vanderbilt University Medical Center

Applicants are sought for full time, <u>research faculty positions</u> in the Department of Orthopaedic Surgery at Vanderbilt University Medical Center. Candidates should have a record of publishing impactful original research in the field of musculoskeletal health and a desire for a research-focused academic career. Those with post-doctoral experience and a high potential for extramural funding will be considered for the position of Assistant Professor. More experienced applicants with a demonstrated record of maintaining extramural funding will be considered for rank of Associate Professor or Professor.

Click here to read more!

Washington State Department of Labor and Industries

The Department of Labor and Industries (L&I) is the third largest public payer of health care services in the State of Washington, and the Office of the Medical Director (OMD) is responsible for overseeing the provision of quality health care services to injured workers and crime victims.

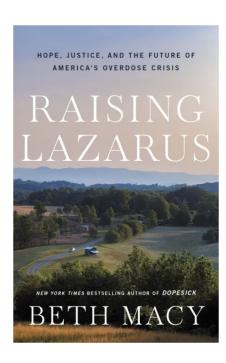
We are looking for a Pain Psychologist to join our team in OMD to provide clinical psychological expertise and health policy direction to internal staff, advisory committees, statewide providers, healthcare organizations and other external stakeholders to prevent disability and harms and improve health care quality and outcomes for workers.

Click here to read more!



BOOK CORNER

EDITED BY JOHN LOESER & DAVID TAUBEN



Raising Lazarus. Beth Macy. New York, Little, Brown and Company, 2002. ISBN 978-0-316-43022-7. Hard cover, 378 pages. \$21.54. Also available on Kindle.

A Review of Raising Lazarus

By the author of Dopesick, focusing upon the impact of the opioid epidemic and the responses of people and institutions to this immense American disaster.

Beth Macy "tells it like it is" when the opioid disaster strikes a community. In addition, she gives the reader a vision of some of the heroes who try to reduce harms from these drugs by providing clean syringes, buprenorphine and social, behavioral and addiction support. She clearly points out the lack of balance between the criminalization of opioid use disorder and the punishments for those who helped create this curse. She is particularly harsh on the judge who permitted the settlement of the multidistrict litigation to include blocking any further claims against the Sacklers: the owners of

Purdue that claimed that oxycontin was not addicting and provided better pain relief than other opioids, who took \$15 billion out of the company and sequestered it abroad.

Macy does a good job portraying the commitment of those who have tried to help the victims of chronic opioid consumption. The absence of medical and governmental support for those with opioid use disorder (OUD) is an indictment both of our health care system and those who write the laws and policies of our various governments. Photographs of some of the care givers adds to the pathos of her story.

The concluding chapter has many recommendations for resolving the opioid epidemic. We will find out how many of these suggestions actually get implemented in a country that has many alternative truths and disparages public health medicine. The book is replete with references to support the story she tells. If you do not realize that magnitude of our opioid problem, this book is a good place to start to learn about the reality of what we health care providers have been a party to.

John D. Loeser, M.D.

Upcoming SIG Meetings and Events

- January 13 (11amPT/2pmET): Pediatric Pain SIG Meeting
- January 16: Extended Deadline to Submit Research Abstracts for Poster Presentations
- January 17 (11amCT): Pain, Movement, and Rehabilitation Science SIG Meeting
- January 18 (2pm ET): Acute (to Chronic) Pain SIG Meeting
- January 23 (3pm ET): Diversity Inclusion and Anti-Racism SIG Meeting
- January 30 (4pm ET): Pain Neuroimaging SIG Meeting
- February 15 (2pm ET): Pain Epidemiology SIG Meeting



If your SIG or committee has updates or events you would like shared with USASP membership please email them using the contact below.

Contact Info:

US Association for the Study of Pain admin@usasp.org

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