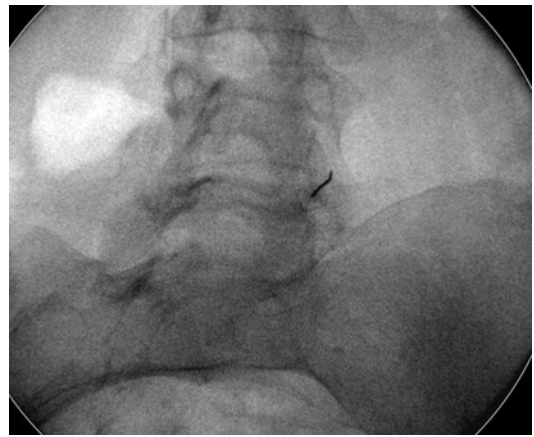
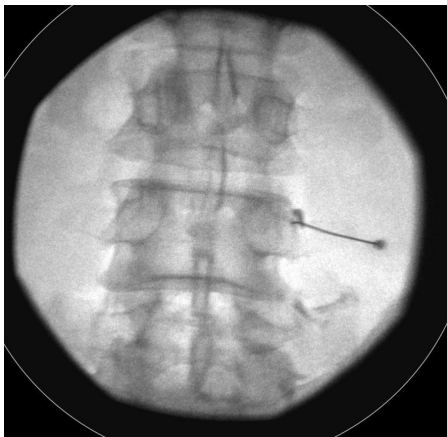




ABERDEEN INTERVENTIONAL PAIN WORKSHOP

Dates:
May 30–31, 2024

Venue:
Suttie Centre
University of Aberdeen
Foresterhill, Aberdeen
United Kingdom



LOW BACK PAIN WORKSHOP

**Places are Limited;
Places will only be confirmed
upon receipt of Registration form
and Course fees**



ABERDEEN PAIN
PHYSICIANS

Department of Anaesthesia
Aberdeen Royal Infirmary
Foresterhill
Aberdeen AB25 2ZN
United Kingdom

Is this right workshop for me?

- * I would like to learn/ master the techniques of lumbar medial branch blocks and radiofrequency denervation
- * I would like to learn sacroiliac joint diagnostic blocks and denervation techniques.
- * I would like to learn cryoanalgesia/cryoablation procedures
- * I am interested in Endoscopic Facet Joint & SI Joint Denervation
- * I am interested in Basivertebral Nerve Ablation Procedure
- * I would like to learn Ultrasound guided injections techniques for low back pain

If your answer is 'yes' to any one of the above statements, you should consider attending our workshop.

Aims

By providing participants with information and hands-on skills training, the workshop aims to improve the overall patient care in the treatment of low back pain. By the end, participants should be able to

- * Discuss the relevant anatomy for lumbar facet and SI joints and their nerve supply
- * Identify the radiological anatomy for undertaking procedures
- * Demonstrate the appropriate techniques for the diagnostic blocks, lumbar facet and sacroiliac joint denervation
- * Understand the use of ultrasound in low back pain interventions
- * Understand newer and emerging techniques such as Endoscopic RF denervation, Basivertebral ablation and Cryotherapy for low back pain

Programme

Thursday, 30 May 2024—Venue: Suttie Centre, Foresterhill, Aberdeen, AB25 2ZD

08.45– 09:00 – Registration

09:00– 09:05– Welcome and Introduction. Dr S. Kanakarajan

9:05–9:30 – Anatomy and nerve supply for facet and SI joints - Prof S. Parson

9:30–10.30 – Lumbar facet joint denervation (Live—Video link) Dr N Scott/Dr H. Mutagi

10.30–11.00 – Tea/Coffee Break

11:00–12:00 – Sacroiliac Joint RF (Live—Video link) – Dr N. Evans/ Dr L. Williams

12.00– 12:30 – Evidence and Complications of RF procedures - Dr S Kanakarajan

12:30 -13:30 – Lunch

13:30-14:00 –Endoscopic RF of Facets and SI joint – Dr R. Rapcan

14:00–14:30–Basivertebral Nerve Ablation –Dr M. Sinha

15.00–15 30 – Tea/Coffee Break

Description

This course is spread over a period of 2 days. It provides lectures, live demonstration, hands-on training with cadavers and question and answer sessions. With small group sessions, the course provides ideal opportunity for participants to improve their techniques as well as improve knowledge about patient selection and subsequent outcomes while treating low back pain patients.

Organizers

Dr S Kanakarajan

Aberdeen Royal Infirmary

Dr R Nagaraja

Aberdeen Royal Infirmary

Faculty

Dr N G Scott

Aberdeen Royal Infirmary

Dr L Williams

Glasgow Royal Infirmary

Dr N Evans

Bucks Healthcare NHS Trust

Dr A Krol

St George's Univ. Hospital, London

Dr R Rapcan

EuroPainClinics, Czech Republic

Dr H Mutagi

QE Hospital, Birmingham

Dr M Sinha

King's College Hospital, London

Prof S Parson

University of Aberdeen

Programme (contd)

Thursday, 30 May 2024 (contd)

15:30–16.00 – Cryoanalgesia/Cryoablation – Speaker TBC

16.00–17.00 – Ultrasound guided interventions Low Back Pain (lecture and demo) – Dr A. Krol

Course Dinner: Time & Venue TBC

Friday, 31 May 2024

Venue: Wet room, Department of Anatomy, Third Floor, Suttie Centre, Foresterhill, Aberdeen, AB25 2ZD

08:45-09:00 Briefing (Participants are divided into 7 groups)

09:00-09.45 Station 1: X-ray Guided Diagnostic Blocks

09:45-10.30: Station 2: X-ray Guided Lumbar Radiofrequency Denervation

10:30-11.00 Break

11:00-11.45 Station 3: X-ray Guided Sacroiliac Joint Radiofrequency Denervation

11:45.12.30 Station 4: X-ray Guided Endoscopic Facet Joint & SI Joint Denervation

12:30-13:30 Lunch

13:30-14.15 Station 5: X-ray Guided Basivertebral Nerve Ablation

14:15-15.00 Station 6: Ultrasound Guided Cryoanalgesia/Cryoablation for Low Back Pain

15.00-15:30 Break

15:30–16.15 Station 7: Ultrasound Guided Interventions for Low Back Pain (Live Model)

16:15–16:45 Open session—candidates can attend any station of their choice

16:45-17.00 Feedback and Close

Travel & Accommodation Information

Aberdeen has excellent travel links. By air, Aberdeen is well connected by British Airways, Easyjet, Logan Airways, KLM and Air France to majority of the airports in UK and mainland Europe. The venue is 6 miles from the airport.

There are 6 major roads to Aberdeen. A90 serves as the main arterial route connecting Dundee, Perth, Edinburgh and Glasgow. Aberdeen is on the main UK rail network and has frequent direct services to major cities such as Edinburgh Glasgow and London including Caledonian sleeper services.

The hotels nearby are Atholl Hotel, Chester hotel, Malmaison hotel, and Premier Inn Aberdeen (Anderson drive).

About Aberdeen

Aberdeen is Scotland's third populous city and is known as the Granite city. The city and the shire offers:

Museums, Art galleries, Open parks including Duthie and Hazelhead park

30 golf courses within 30 minutes drive of city centre

Starting point for the World famous Malt Whisky Trail

First point of call for the Castles Trail

Part of the beautiful coastal trail,

Backdrop for outdoor activities such as Cycling, Hill walks, Cliff top walks, Mountain biking, Kayaking, Abseiling, Surfing, White water rafting, Open canoeing and Rock climbing, provided by various specialist outdoor activity providers.

Registration Form

Complete and return this form to ciaranwazir@gmail.com with the early bird registration fee of £750.00 (GBP), or for UK trainee doctors £600.00 (GBP)

EARLY BIRD DEADLINE: 7th April 2024

Registration after 7th April 2024: £900.00

Awaiting CME approval from The Faculty of Pain Medicine, Royal College of Anaesthetists, London, United Kingdom

Full Name.....

Specialty

Position.....

Organisation.....

Address for communication

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.....

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Phone:.....

Email.....

Workshop Bank Details: Please pay early bird registration fee to following bank account quoting your surname and Aberdeen as reference:

Wazir Medical Events, NatWest Bank, Hastings Branch, Account Number: 59577983, Sort Code: 60-02-07, IBAN: GB75 NWBK 6002 0759 5779 83, BIC: NWBK GB 2L

Further Contact Details:

Mr Ciaran Wazir
Wazir Medical Events London Ltd
Finch Hill, Langham Road
Robertsbridge, East Sussex
TN32 5DT, UK

E-mail: ciaranwazir@gmail.com
Mobile: +44(0)7764943266



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